



boys house schedule

Daily Weekday Schedule:



7:00 AM – 8:00 AM	Wake Up/Hygiene/Breakfast
8:00 AM – 9:00 AM	Morning Meditation/Daily Goals
9:00 AM – 12:00 PM	Groups
12:00 PM – 1:00 PM	Community Cooking/Lunch/Chores
1:00 PM – 4:00 PM	School
4:00 PM – 5:00 PM	Step Work/Phase Work
5:00 PM – 6:30 PM	Community Cooking/Dinner/Chores/Sponsor Calls
6:30 PM – 9:00 PM	12 Step Meeting
9:00 PM – 10:00 PM	10th Step Work, 12 Step Meeting Process
10:30 PM	LIGHTS OUT

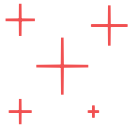
Saturday Schedule (Non-Family Saturdays):

8:00 AM – 9:00 AM	Wake Up/Hygiene/Breakfast
9:00 AM – 10:00 AM	Morning Meditation/Daily Goals
10:00 AM – 1:00 PM	Community Outing
1:00 PM – 3:00 PM	Lunch/Chores/Free Time
3:00 PM – 5:00 PM	Physical Activity
5:00 PM – 6:30 PM	Dinner/Sponsor Calls
6:30 PM – 10:00 PM	12 Step Meeting or Sober Activity
10:00 PM – 10:30 PM	10th Step Work, 12 Step Meeting Reflection
11:00 PM	LIGHTS OUT



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Sunday Schedule:



7:00 AM – 8:00 AM	Wake Up/Hygiene
8:00 AM – 9:00 AM	Community Cooking/Breakfast/Chores
9:00 AM – 12:00 PM	Daily Meditation/Daily Goals
12:00 PM – 1:00 PM	Local Hike or Surfing/Lunch
1:00 PM – 4:00 PM	Deep Cleaning/Laundry/Free Time
4:00 PM – 5:00 PM	Community Cooking/Dinner/Chores
5:00 PM – 6:30 PM	12 Step Meeting
6:30 PM – 9:00 PM	10th Step Work, 12 Step Meeting Reflection
9:00 PM – 10:00 PM	LIGHTS OUT